

CMB

- Goals: Provide info, rumor control, reduce sense of chaos, provide coping resources, engender cohesion and morale, assess further needs, restore to adaptive functioning.
- 45-75 minutes long; “town meeting” room set-up
- Team members not participating in up front are stationed around the room.
- Assemble group; credible representative of the group provides FACTS; team member then reviews psychological impact of the event and provides information on stress management and coping suggestions; another member (or same) can provide further resources (chaplains, EAP, etc) and summarize. Opportunity for questions and answers. Do NOT allow it to degenerate into name calling/bashing/accusations.

