

5-step LODD/Suicide Intervention: pre-funeral

- Conduct AWAY from the department to allow for less chance of interference and for an emotional break
- Chaplains debrief chaplains
- Split up working groups into uniform (sworn) vs. non-uniform (civilian)
- Optional: Include all in a CMB, and then split into the working groups for 5-step intervention
 - Allows for everyone to receive same information about the incident
 - Can provide information about the coming week and funeral
- Omit “Thoughts” and “Symptoms”. They haven’t had time for them yet. Keep it short, less than an hour.
 - Express condolences from the team and acknowledge the loss.
 - Do not go around in the circle and ask what they did. They only have to talk if they want to.
 - Don’t wait the usual 20 seconds, and be prepared with things to say.
 - Prompts for reaction phase: “What is the worst aspect of this terrible event for you *right now*?” “What are you having the most difficult time with *right now*?”
 - Teaching should focus on what will happen up to the funeral: compassion fatigue, “Reader’s Digest” version of what they want to tell others, each reacts in their own way, keep instructions short: rest, eat, talk. We will come back after the funeral.
- Omit evals. Too tough at this point.
- Reach out to the department at their anniversary.

Introduction

Summary/Closure

